



Benton County Schools

Health Plan 2020-2021

(Updated December 8, 2020)

We would like to encourage all students and staff members to monitor your symptoms daily and please stay home if you are sick. You may reach out to your school nurse in the mornings or any time you have any questions or concerns. Please notify your school nurse if your child or any family member in the household is being tested for COVID-19 and remain home until results are received.

If you experience fever, cough, shortness of breath, vomiting, diarrhea, chills/body aches, loss of taste/smell or onset of any new symptoms please consult with your local healthcare provider and remain at home until cleared to return to school.

These questions will be posted and used to screen students and staff members each day:

- Have you been in close contact with a confirmed case of COVID-19 within the past 14 days?
 - Are you experiencing a cough, shortness of breath, sore throat, or stomach symptoms?
 - Have you had fever in the past 48 hours?
 - Have you had any loss of taste or smell?
 - Have you had vomiting or diarrhea in the last 24 hours?
-
- Parents and caregivers are strongly encouraged to monitor your child's symptoms each morning including temperature checks. Please keep your child home if any signs of illness or if you can answer "yes" to any of the above screening questions. Please contact your school nurse if you have any questions or concerns.
 - Any student who enters the building in the mornings and does not feel well will be sent directly to the nurse for further screening and a temperature check.
 - All staff members and students, grades K-12 are expected to wear a face mask (if able to tolerate). Students will be educated on how to properly wear a face mask and the importance of wearing a face mask when unable to social distance.

Sick Day Guidelines

Symptoms Requiring Absence:

1. Active vomiting or diarrhea
2. Fever of 100.0 or higher. If temperature is over 99.0 and multiple symptoms exist, a student may be sent home. Nurses will use their discretion and notify parents accordingly.
3. The first 24 hours of antibiotic treatment for any infectious disease such as: strep throat, pink eye, impetigo, ringworm, staph infections, etc.
4. A student should be fever-free for 72 hours without the use of fever-reducing medications before returning to school.
5. Any student being treated for infectious diseases or requiring antibiotic treatment should bring a doctor's note to return to school.

If COVID-19 is Suspected:

Symptoms of COVID-19:

1. Cough
2. Shortness of breath or difficulty breathing
3. Fever/chills
4. New loss of taste or smell
5. Fatigue
6. Muscle or body aches
7. Headaches
8. Sore throat
9. Congestion or runny nose
10. Nausea/Vomiting/Diarrhea

When the school nurse, or trained personnel, identifies a student that has one or more of the above listed symptoms, the following steps will be taken:

1. If fever is present, the nurse will make sure the student is wearing a mask (unless the student is having trouble breathing or unable to tolerate).
2. The student will be placed in an isolation area and assessed by the nurse or trained personnel.
3. Parents will be notified to pick student up immediately and seek a medical evaluation by their healthcare provider. For further information: <https://www.tn.gov/governor/covid-19/health.html>
4. Any student with fever over 100.0 should remain home for 72 hours. The student may return after 72 hours when fever-free without the use of fever-reducing medicines and with a doctor's note stating student may return.
5. Any student or staff member tested for COVID-19 may not return to school until instructed they are cleared to return by their local healthcare provider or the TN Dept. of Health.
6. If a student tests positive for COVID-19, the school nurse should be notified and follow the guidelines below:

If a direct case of COVID-19 is confirmed in the school system:

1. School nurses will coordinate with local public health officials as needed for follow-up and next steps to be taken while maintaining the individual's privacy and to confirm the positive case.
2. Benton Co. School nurses and the TN Dept. of Health will conduct contact tracing to identify close contacts and give further guidance on isolation procedures for confirmed cases. Classroom seating charts, bus seating charts, lunchroom, special area classes, and any extracurricular activities will be reviewed during contact tracing.
3. Students and staff members determined to be a close contact will be quarantined for 10 days and may return to regular activities on day 11 as long as the contact does not have any symptoms. All students and staff returning on day 11 will be required to continue to monitor symptoms through day 14 and must wear a mask.

**** exposure means contact with a case less than 6ft for more than 15 min during the time period beginning two days prior to the case's symptom onset (or specimen collection date if the case does not have any symptoms) through the end of the case's isolation period.**

<https://www.tn.gov/content/dam/tn/health/documents/cedep/novel-coronavirus/CaseGuidance.pdf>

<https://covid19.tn.gov/prevention/what-to-do-if-exposed/>

Returning to School:

Students and staff should not return until one of the following conditions are met:

1. A healthcare provider has confirmed the individual's illness is not due to COVID-19 because another explanation has been identified such as strep throat confirmed by a positive strep test. A doctor's note **will be** required.
2. The student or staff member is cleared by their healthcare provider to return to normal activity and given documentation to return to school. **ALL** students or staff members diagnosed with COVID-19 **MAY NOT** return until completion of Isolation guidelines set forth by the TN Dept. of Health.

These protocols and procedures may be revised throughout the school year in response to changing conditions.